Prosperity Affirmations From Scripture

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Prosperity Affirmations From Scripture (version 1) is a guide to reprogramming your subconscious mind by taking the truth of a scripture or group of scriptures and then stating that truth in the form of various affirmations. The affirmations are stated in the present tense so that your confession is one of already having the goal of the particular truth.

This text is broken down into individual groups that are numbered for convenience. Scripture references from the King James Version (KJV) of the bible and/or The Amplified Bible (AMP) are then listed in these sections. At times, words in these scripture references will be underlined and will have a number in superscript beside them. These number references are from The Strong’s Exhaustive Concordance Of The Bible and they will be printed below the scriptures for purposes of better understanding the original meaning of the words. Below this reference section on each page will be the affirmations.

Each of these affirmations should be read out loud three times. You can read each individual affirmation three times or you can read the entire section three times but this should be done out loud in order to have the greatest effect.

Your subconscious mind needs to hear what you are saying so it is important to read these affirmations out loud and repeat them at least three times. Hearing yourself speak the word out loud helps to program your mind (consciously and subconsciously) so that it understands what you intend to create. This is an important step because your subconscious mind believes anything that you tell it and it accepts this information as truth. When you state the truth in the form of the affirmation you are telling your subconscious mind that this is what you already have and you expect it to manifest.

For more information on how your conscious and subconscious minds operate you can read the article at the end of this text: The Secret Of Reprogramming Your Belief System—which is a chapter from the book: Free Your Mind For Success. These and other materials are available on our website: www.thoughtandbelief.com. You will also find it useful to “pray in the spirit” (1 Corinthians 14:2) as often as possible since this will bypass your previous programming and allow you to speak exactly what is needed when it is needed. You can still use these affirmations without “praying in the spirit” but this practice often speeds up the time frame on getting results.

When using this material don’t attempt to read the entire text in one sitting. Instead, read only one page at a time but do this as often as possible throughout your day. Go on to the next section and repeat those affirmations three times as often as possible throughout your day. Continue this process until you have finished the entire book—then go back to the first section and repeat the process again and again. You should seek to keep the word in front of your eyes and in your mouth as often as possible instead of reading the text once and putting it on the shelf. Your goal is repetition of the promise of God and the way to get this working in your life is to speak it to yourself and to your situation over and over and over.

While it is vitally important that you repeatedly speak these affirmations out loud to yourself and to your situation you can also copy them and place the various sections around your house where you will read them. You can print them out as a book and then read the affirmations silently if you are at work, in a restaurant, or while waiting on a plane or bus, etc.,.

Another useful method is to record each affirmation (three times) on a cassette tape and then play this in the background while you are cooking, cleaning, etc., or before you go to sleep, or when you wake up. The copies and tapes are very useful but you must understand that you still have to speak the affirmation repeatedly out loud for it to be effective. It can take time to reprogram your subconscious mind but repetition is the key to success.

You will note that this PDF is listed as a particular “version” of the text. We periodically update the text with new materials and additional affirmations. Check our website for a FREE copy of the most recent version at www.thoughtandbelief.com.
Who is the man who reverently fears and worships the Lord? Him shall He teach in the way that he should choose. He himself shall dwell at ease, and his offspring shall inherit the land.
(Psa 25:12-13 AMP)

If they obey and serve Him, they shall spend their days in prosperity and their years in pleasantness and joy.
(Job 36:11 AMP)

If you are willing and obedient, you shall eat the good of the land;
(Isa 1:19 AMP)

Affirmations 1

_The Lord teaches me in the way that I should choose._

_I dwell at ease._

_I have pleasure, prosperity, goods and good things all my life._

_I always have pleasure, prosperity, goods and good things coming into my life._

_I inherit the land._

_My offspring shall inherit the land._

_I believe God and I stand on His Word, I will not fall short, come behind, be destitute or be deficient in anything._
Blessed be the Lord, who daily loadeth us with benefits, even the God of our salvation. Selah. (Psa 68:19 KJV)

Blessed be the Lord, Who bears our burdens and carries us day by day, even the God Who is our salvation! Selah [pause, and calmly think of that]! (Psa 68:19 AMP)

Give us this day our daily bread. (Mat 6:11 AMP)

If they obey and serve him, they shall spend their days in prosperity, and their years in pleasures. (Job 36:11 KJV)

H3615
הָלָה
kâlâh
kaw-law'
A primitive root; to end, whether intransitively (to cease, be finished, perish) or transitively (to complete, prepare, consume): - accomplish, cease, consume (away), determine, destroy (utterly), be (when . . . were) done, (be an) end (of), expire, (cause to) fail, faint, finish, fulfill, X fully, X have, leave (off), long, bring to pass, wholly reap, make clean riddance, spend, quite take away, waste.

Affirmations 2

God is with me every moment of every day.
God loads me up daily with benefits.
God bears my burdens and carries me day by day.
I accomplish, finish, and complete my days in prosperity.
I accomplish, finish, and complete my years in pleasures.
I wholly reap and fulfill my days in prosperity.
I wholly reap and fulfill my years in pleasures.
The righteous shall **flourish** like the palm tree: he shall grow like a cedar in Lebanon. Those that be planted in the house of the LORD shall flourish in the courts of our God. They shall still bring forth fruit in old age; they shall be fat and flourishing;

(Psa 92:12-14 KJV)

**H6524**

פָּרַח

pârach

*paw-rakh’*

A primitive root; to break forth as a bud, that is, bloom; generally to spread; specifically to fly (as extending the wings); figuratively to flourish: - X abroad, X abundantly, blossom, break forth (out), bud, flourish, make fly, grow, spread, spring (up).

And he said unto them, When I sent you without purse, and scrip, and shoes, lacked ye any thing? And they said, Nothing.

(Luk 22:35 KJV)

**G5302**

ὑστερέω

hustereō

*hoos-ter-eh’-o*

From G5306; to be later, that is, (by implication) to be inferior; genitively to fall short (be deficient): - come behind (short), be destitute, fall, lack, suffer need, (be in) want, be the worse.

__Affirmations 3__

*I am planted in the house and courts of my God and I flourish and spread out like the palm tree.*

*I prosper and flourish as though I had great wings that spread to claim my blessing.*

*I always have what I need and I never lack, want, or fall short in any good thing.*

*I always bring forth fruit in my old age.*

*I always have more than enough of every good thing.*

*I always flourish and succeed.*

*I always spread out to claim my blessing.*

*God supplies all my needs and desires and I am never in lack or want for any good thing.*
4

And that ye study to be quiet, and to do your own business, and to work with your own hands, as we commanded you; That ye may walk honestly toward them that are without, and that ye may have lack of nothing. (1Th 4:11-12 KJV)

To make it your ambition and definitely endeavor to live quietly and peacefully, to mind your own affairs, and to work with your hands, as we charged you, So that you may bear yourselves becomingly and be correct and honorable and command the respect of the outside world, being dependent on nobody [self-supporting] and having need of nothing. (1Th 4:11-12 AMP)

Affirmations 4

My ambition and practice is to live quietly and peacefully.
I always live quietly and peacefully.
I always take care of my business.
I am never responsible for the business of others.
I am always correct and honorable.
I always command the respect of other people.
I am independent and I get the job done.
I depend on myself and I never wait around for others to do it for me.
I am self supporting and I always have my needs met.

5

Beloved, I wish above all things that thou mayest prosper G2137 and be in health G5198, even as thy soul prospereth. (3Jn 1:2 KJV)

Beloved, I pray that you may prosper in every way and [that your body] may keep well, even as [I know] your soul keeps well and prospers. (3Jn 1:2 AMP)

G2137
eυδοδοω
euodoō
yoo-od-o'-o
From a compound of G2095 and G3598; to help on the road, that is, (passively) succeed in reaching; figuratively to succeed in business affairs: - (have a) prosper (-ous journey).

G5198
εγαίνω
hugiainō
hoog-ee-ah’ee-no
From **G5199**: *to have sound health*, that is, *be well* (in body); figuratively to be *uncorrupt* (*true in doctrine*): - be in health, (be safe and) sound, (be) whole (-some).

Let them shout for joy, and be glad, that favour my righteous cause: yea, let them say continually, Let the LORD be magnified, which hath pleasure in the prosperity of his servant.  
(Psa 35:27 KJV)

But thou shalt remember the LORD thy God: for *it is* he that giveth thee power to get wealth, that he may establish his covenant which he sware unto thy fathers, as *it is* this day.  
(Deu 8:18 KJV)

For the eyes of the LORD run to and fro throughout the whole earth, to shew himself strong in the behalf of *them* whose heart *is* perfect toward him.  
(2Ch 16:9a KJV)

The blessing of the LORD, it maketh rich, and he addeth no sorrow with it.  
(Pro 10:22 KJV)

But my God shall supply all your need according to his riches in glory by Christ Jesus.  
(Php 4:19 KJV)

And my God will liberally supply (fill to the full) your every need according to His riches in glory in Christ Jesus.  
(Php 4:19 AMP)

### Affirmations 5

**I always succeed in all of my business affairs.**

**I always prosper in all good things.**

**I always succeed in reaching my goal.**

**I always receive help from my God on my road to success.**

**I always have sound health.**

**I am always safe, sound, and whole.**

**I am always uncorrupted and well in my body.**

*It is always God’s will for me to prosper and be in sound health.*

**I always use God’s power to meet my needs according to His riches in glory.**

**I always believe God’s covenant will liberally supply my every need.**

**I always believe God’s covenant will fill to the full my every need.**

*It is always God’s will to prosper me through the blessing of Abraham.*

**I always experience that my needs are met in every realm of life**

—spirit, soul, body, financially, and emotionally.
In famine he shall redeem thee from death: and in war from the power of the sword.
(Job 5:20 KJV)
At destruction and famine thou shalt laugh: neither shalt thou be afraid of the beasts of the earth.
(Job 5:22 KJV)

Behold, the Lord's eye is upon those who fear Him [who revere and worship Him with awe], who wait for Him and hope in His mercy and loving-kindness, To deliver them from death and keep them alive in famine.
(Psa 33:18-19 AMP)

He who observes the wind [and waits for all conditions to be favorable] will not sow, and he who regards the clouds will not reap.
(Ecc 11:4 AMP)

The Lord knows the days of the upright and blameless, and their heritage will abide forever. They shall not be put to shame in the time of evil; and in the days of famine they shall be satisfied. H7646 (Psa 37:18-19 AMP)

H7646
שׂבע
ša/ba’ šābē’a’
saw-bah’, saw-bay’-ah
A primitive root; to sate, that is, fill to satisfaction (literally or figuratively): - have enough, fill (full, self, with), be (to the) full (of), have plenty of, be satiate, satisfy (with), suffice, be weary of.

Affirmations 6

I am not subject to the negative times of the current world system.
I am always filled to satisfaction with all good things even when the world has famine.
I always obey God.

God always supplies my needs to the extent that no more is needed.
I am always filled to satisfaction with all good things.
I always have more than enough cash to meet every need.
I always have plenty of all good things.
I always have more than enough of every good thing.
I always have a surplus of every good thing.
I always walk by faith.

I am never moved by the negative things I see in the current reality.
I am never moved by negative comments that I hear.
I always have the ability to sow seed continually.
I am always separated from the curse of lack.
I am always connected to THE BLESSING of Abraham.
I am always thriving, flourishing, increasing, enlarging, and experiencing God’s supernatural provision.
I always call (this month) PROSPERITY MONTH for my household.
And I am sure that, when I come unto you, I shall come in the fulness of the blessing of the gospel of Christ.
(Rom 15:29 KJV)

**G4138**

πλήρωµα
plérōma

*play'-ro-mah*

From **G4137**; *repletion* Repletion means—plentiful supply, stuffed, or gorged. or *completion*, that is, (subjectively) what fills (as contents, supplement, copiousness, multitude), or (objectively) what is filled (as container, performance, period): - which is put in to fill up, piece that filled up, fulfilling, full, fullness.

But my God shall supply all your need according to his riches in glory by Christ Jesus.
(Php 4:19 KJV)

And my God will liberally supply (fill to the full) your every need according to His riches in glory in Christ Jesus. (Php 4:19 AMP)

Christ hath redeemed us from the curse of the law, being made a curse for us: for it is written, Cursed is every one that hangeth on a tree: That the blessing of Abraham might come on the Gentiles through Jesus Christ; that we might receive the promise of the Spirit through faith. (Gal 3:13-14 KJV)

Christ purchased our freedom [redeeming us] from the curse (doom) of the Law [and its condemnation] by [Himself] becoming a curse for us, for it is written [in the Scriptures], Cursed is everyone who hangs on a tree (is crucified); [Deut. 21:23.] To the end that through [their receiving] Christ Jesus, the blessing [promised] to Abraham might come upon the Gentiles, so that we through faith might [all] receive [the realization of] the promise of the [Holy] Spirit. (Gal 3:13-14 AMP)

Affirmations 7

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I always have a repletion and completion of the blessing.

I always feast on God’s blessing and my life is stuffed and gorged with its benefits.

I always experience plentiful supply from the blessing.

God’s blessing always fills my expectation—then the blessing exceeds it.

God’s blessing is extravagant and more than enough.

God liberally supplies my every need according to His riches in glory by Christ Jesus.

God liberally fills to the full my every need according to His riches in glory by Christ Jesus.

Christ has redeemed me from the curse of the law having been made a curse for me.

Christ purchased my freedom and redeemed me from the curse or doom of the law and its condemnation.
The Blessing of Abraham

(Deu 28:1 AMP)  IF YOU will listen diligently to the voice of the Lord your God, being watchful to do all His commandments which I command you this day, the Lord your God will set you high above all the nations of the earth.

(Deu 28:2 AMP)  And all these blessings shall come upon you and overtake you if you heed the voice of the Lord your God.

(Deu 28:3 AMP)  Blessed shall you be in the city and blessed shall you be in the field.

(Deu 28:4 AMP)  Blessed shall be the fruit of your body and the fruit of your ground and the fruit of your beasts, the increase of your cattle and the young of your flock.

(Deu 28:5 AMP)  Blessed shall be your basket and your kneading trough.

(Deu 28:6 AMP)  Blessed shall you be when you come in and blessed shall you be when you go out.

(Deu 28:7 AMP)  The Lord shall cause your enemies who rise up against you to be defeated before your face; they shall come out against you one way and flee before you seven ways.

(Deu 28:8 AMP)  The Lord shall command the blessing upon you in your storehouse and in all that you undertake. And He will bless you in the land which the Lord your God gives you.

(Deu 28:9 AMP)  The Lord will establish you as a people holy to Himself, as He has sworn to you, if you keep the commandments of the Lord your God and walk in His ways.

(Deu 28:10 AMP)  And all people of the earth shall see that you are called by the name [and in the presence of] the Lord, and they shall be afraid of you.

(Deu 28:11 AMP)  And the Lord shall make you have a surplus of prosperity, through the fruit of your body, of your livestock, and of your ground, in the land which the Lord swore to your fathers to give you.

(Deu 28:12 AMP)  The Lord shall open to you His good treasury, the heavens, to give the rain of your land in its season and to bless all the work of your hands; and you shall lend to many nations, but you shall not borrow.

(Deu 28:13 AMP)  And the Lord shall make you the head, and not the tail; and you shall be above only, and you shall not be beneath, if you heed the commandments of the Lord your God which I command you this day and are watchful to do them.

(Deu 28:14 AMP)  And you shall not turn aside from any of the words which I command you this day, to the right hand or to the left, to go after other gods to serve them.

For the whole Law [concerning human relationships] is complied with in the one precept, You shall love your neighbor as [you do] yourself. [Lev. 19:18.] (Gal 5:14 AMP)
Affirmations 8

I always listen diligently to the voice of the Lord my God. 
I am always watchful to do my Lord’s commandment to love my neighbor as I do myself.
I am set on high above all nations by God.
I always heed the voice of the Lord my God.
The blessing always finds me out and overtakes me.
I am blessed in the city.
I am blessed in the field.
I am blessed in the fruit of my body.
I am blessed in the fruit of my ground.
I am blessed in the fruit of my beasts.
I am blessed in everything I have outdoors.
I am blessed in everything I have indoors.
The Lord always causes my enemies who rise up against me to be defeated before my face.
My enemies come out against me one way and always flee before me seven ways.
The Lord always commands the blessing upon me in my storehouse and in all that I undertake.
I am always blessed in the land which the Lord God has given me.
I am established by God as holy to Himself.

All the people of the earth shall see that I am called by the name of the Lord.
All the people of the earth shall be afraid of me.
I am continually in the Lord’s presence.
I shall not fear.

The Lord always makes me have a surplus of prosperity, indoors, outside, 
through the fruit of my body and in all my dealings in the land He has given me.

The Lord shall always open to me His good treasury, the heavens, to give the rain of my land 
in its season and to bless all the work of my hands; I lend to many nations, but I shall not 
borrow.

I am always the head and not the tail.
I always turn to God’s word.
Supernatural provision.
You shall drink of the brook, and I have commanded the ravens to feed you there. (1Ki 17:4 AMP)

For thus says the Lord, the God of Israel: The jar of meal shall not waste away or the bottle of oil fail until the day that the Lord sends rain on the earth. She did as Elijah said. And she and he and her household ate for many days. The jar of meal was not spent nor did the bottle of oil fail, according to the word which the Lord spoke through Elijah. (1Ki 17:14-16 AMP)

Supernatural debt cancelation.
Then she came and told the man of God. He said, Go, sell the oil and pay your debt, and you and your sons live on the rest. (2Ki 4:7 AMP)

Supernatural restoration.
The man of God said, Where did it fall? When shown the place, Elisha cut off a stick and threw it in there, and the iron floated. (2Ki 6:6 AMP)

Supernatural time compression.
Jesus makes 180 gallons of wine from water.
This, the first of His signs (miracles, wonderworks), Jesus performed in Cana of Galilee, and manifested His glory [by it He displayed His greatness and His power openly], and His disciples believed in Him [adhered to, trusted in, and relied on Him]. [Deut. 5:24; Ps. 72:19.] (Joh 2:11 AMP)

Affirmations 9

I always experience God’s supernatural blessing and deliverance.
I believe that I receive jobs or better jobs.
I believe that I receive raises and bonuses.
I believe that I receive benefits.
I believe that I receive sales and commissions.
I believe that I receive settlements.
I believe that I receive estates and inheritances.
I believe that I receive interest and income.
I believe that I receive rebates and returns.
I believe that I receive checks in the mail.
I believe that I receive gifts and surprises.
I believe that I receive lost money found.
I believe that I receive bills paid off.
I believe that I receive debts demolished.
I believe that I receive royalties.
I believe that I receive overflow of cash.
I believe that I receive more out of heaven.
I expect and receive more than ever before.
I receive my harvest by faith in Jesus’ name.

Some affirmations in this section inspired by kcm.org
And Jesus, replying, said to them, Have faith in God [constantly]. Truly I tell you, whoever says to this mountain, Be lifted up and thrown into the sea! and does not doubt at all in his heart but believes that what he says will take place, it will be done for him. For this reason I am telling you, whatever you ask for in prayer, believe (trust and be confident) that it is granted to you, and you will [get it].

(Mar 11:22-24 AMP)

Therefore I say unto you, What things soever ye desire, when ye pray, believe that ye receive them, and ye shall have them. (Mar 11:24 KJV)

My brethren, count it all joy when ye fall into divers temptations; Knowing this, that the trying of your faith worketh patience. But let patience have her perfect work, that ye may be perfect and entire, wanting nothing. If any of you lack wisdom, let him ask of God, that giveth to all men liberally, and upbraideth not; and it shall be given him. But let him ask in faith, nothing wavering. For he that wavereth is like a wave of the sea driven with the wind and tossed. For let not that man think that he shall receive any thing of the Lord. A double minded man is unstable in all his ways.

(Jas 1:2-8 KJV)

**G5281**

ύπομονή

hupomonê

hoop-'om-on-ay'

From G5278; cheerful (or hopeful) endurance, constancy: - enduring, patience, patient continuance (waiting).

**G1374**

dipsuchos
dip'-soo-khos

From G1364 and G5590; two spirited, that is, vacillating (in opinion or purpose): - double minded.

Affirmations 10

I always allow patience to have her perfect work.

I am always entire, complete, and wanting nothing.

I always exercise cheerful, patient continuance for the good things I desire.

I always remain single minded in my opinion for the good things I desire.

I always remain fixed in my expectation of good things.
Father I declare right now in the name of Jesus that I have more than enough to pay every bill. I declare that all of my needs are met according to your riches in glory because you said that all of my needs are met according to your riches in glory—and I declare that I have victory in my finances through the shed blood of Jesus—and it is through that blood that I will not lack—and it is through the blood that I will not be in debt—and it’s through that sacrifice I am not in insufficiency—and through the blood what came out of your sacrifice I will never ever be broke again in the name of Jesus—because Jesus became a curse for me so that the blessing of Abraham might come upon me.
The Secret Of Reprogramming Your Belief System

Every individual person has a unique belief system. There are similar systems of thought among various people but each and every human being has a very exclusive way of viewing the world around them. The billions of bits of information that make up your reality are a result of your thinking. Your individual belief system is made up of your thoughts and beliefs as well as the thoughts and beliefs that were handed to you at an early age before you were consciously able to choose what you think.

When your mind receives information it breaks it down into individual components, compares these bits of data to your existing beliefs and then takes this information and reassembles it as a mental construct. The human mind basically interprets the data according to all of its past experiences. Two people can view the same “reality” and experience very different things since their experience is a result of the reconfigured mental construct and not the “reality” itself. This mental construct is your personal version of the world that has been filtered through your current belief system and it creates a very specific signature vibration or frequency that is unlike any other person’s.

All of your past experiences together make up what is called your belief system or what some have termed your paradigm. This belief system or paradigm is your perception of “reality” and it determines what you are capable of achieving in your life. If you want to change what you are experiencing in your life you must alter your current perception of “reality” by changing your belief system. To change your belief system you must REPEATEDLY impress your conscious AND subconscious minds with a new directive until this REPETITION changes your belief system or paradigm.

Nothing is “impossible” but you must implement some very basic concepts in order to produce the physical results of your desire. You must be persistent, have a clear mental image of what you want, generate passion or intense emotion about having the desire, and you must REPEATEDLY impress this onto the conscious AND subconscious minds until it manifests through the change in your belief system or paradigm.

How this is accomplished will vary from person to person. As an example, I like affirmations but if you just keep repeating a group of words this will not bring change to your situation or reprogram your existing belief system. Affirmations “work” for me because when I experience a “contrary belief” that is operating against my desired outcome, I can mechanically repeat the affirmation and then imagine how I will be so relieved to have what I desire. This simple process: 1) rejects the outdated belief, 2) replaces it with the desired end result, 3) generates a positive passion about the desire and then 4) causes me to relax and to 5) expect to receive my desired end result. I don’t just think or say the words and stop. I allow the words to create the feelings of already having what I desire to have happen in my situation. I use my imagination to counter the negative aspects and to experience the emotions of truly having the desire.

Just setting aside twenty minutes a day to recite affirmations will not produce the desired results that you are hoping to receive. You have to use your imagination to generate feelings and images that communicate your desire to the subconscious mind. I have seen many “programs” for self improvement that offer ways to increase your finances. Most of these sell for about one hundred dollars and some even go up to around three thousand dollars! Don’t get me wrong, some of these programs are worth their weight in gold but many of them keep you busy with dream boards, visualizations, and affirmations while they step around the core issues of making any meaningful change that brings results.
The bottom line in any “program” is quite simple in that you must change your current belief system to include new information while rejecting certain out dated or incomplete information that has been established as your beliefs. Let me say that again, the bottom line in any “program” is quite simple in that you must change your current belief system to include new information while rejecting certain out dated or incomplete information that has been established as your beliefs.

Many of the “programs” like I briefly mentioned above are very good at “getting your hopes up” without changing your belief system. They keep your conscious mind busy with activities and expectations but they often do not emphasize that in order to change your experience you must change your belief system through thoughts, images, and feelings of new information that are REPEATEDLY impressed upon the conscious AND subconscious minds. Without a change in your belief system by REPETITION of the desired thoughts, images, and feelings you will not see change in your environment even though you have some excitement about working your “program”. Some of these “programs” produce some improvement and results by the sheer repetition of positive affirmation and thought but largely they take your money and do not change your belief system.

In order for a program of any kind to be effective it must change your beliefs. If you want to change what you are experiencing in your life you must alter your current perception of “reality” by changing your belief system. To change your belief system you must REPEATEDLY impress your conscious AND subconscious minds with a new directive through thoughts, images, and feelings until this REPETITION changes your belief system or paradigm. 1) You must be persistent, 2) have a clear mental image of what you want, 3) generate passion or intense emotion about having the desire, and 4) you must REPEATEDLY impress this onto the conscious AND subconscious minds until it manifests through the change in the belief system or paradigm.

If you can comprehend the above paragraph and implement it into your daily life and thought processes then nearly “any program” you choose to follow will work for you (including reading and rereading this book). You just have to keep in mind that while you are doing the “exercises” of the “program”, and making your “dream maps” and “vision boards”—what you are really doing is changing your existing belief system to include new information so that you become capable of having what you desire. It’s not the “exercises”, “vision boards”, or “affirmations” that are making the difference it is their REPEATED impression of new information upon the conscious AND subconscious minds.

Many of these “programs” tell you that you must continue using their materials and buy more and more of them to succeed. The truth is that what you must continue to do is feed new information to your conscious AND subconscious minds by REPETITION of thoughts, images, and feelings until your belief system is sufficiently altered and produces the desired results. It is this continual feed of new information through repetition that is important, not the particular “program” that you choose as a means of accomplishing this goal. There are times that the best thing I can do to change my own belief system and feed new information into myself is to just sit in a lawn chair in my front yard and be grateful for all that I have and all that I am about to see manifest! The “sense” and “feel” of gratitude is a powerful force in attracting what you desire and in eliminating what is contrary to your desire. Bathe in this as often as you can!
Nothing is “impossible”. In fact, the concept of “impossible” is only a mental construct (this term is explained in the book) that exists within your mind. All things are possible! You are the variable in any circumstance and you hold the “deciding vote”! Whatever you choose will be the outcome in any given situation! Working a “program” is a good practice but your outward physical existence will only change when you change internally by REPEATEDLY impressing the conscious AND subconscious minds with thoughts, images, and feelings of the new information.

To Change Your Belief System

1) You must REPEATEDLY impress your conscious AND subconscious minds with the new directive through thoughts, images, and feelings until this REPETITION changes your belief system or paradigm.
2) You must be persistent.
3) You must have a clear mental image of what you want.
4) You must generate passion or intense emotion about having the desire.
5) You must REPEATEDLY impress this onto the conscious AND subconscious minds until it manifests through the change in your belief system or paradigm.

Are you beginning to see the necessity of repetition? Repetition is what “deprograms” your existing belief system and then “reprograms” it with the new desire. How long it takes to “reprogram” your belief system will depend upon two things: what you have believed in the past that is contrary to the new belief, and how often you impress the new directive onto the conscious AND subconscious minds.

It is just that simple. The only thing that can stop your desire is if you do not impress the new directive onto your conscious AND subconscious minds. There are only two reasons why you would fail to do this once you know the “secret” of reprogramming your belief system: one is if you fail to REPEAT the directive enough times and the other is if you just give up! If you fail to REPEAT the directive enough times then you need to be more persistent. If you “give up” then what you need to do is have faith in the process (this term is explained in the book). Somewhere along your line of thinking you have convinced yourself that getting what you desire can’t be as simple as changing your belief system through repetition. I remember thinking at the age of 52: you mean to tell me that everything I will ever need or want has always been mine? That everything is already mine and already available and the only thing that can stop or hinder it is my own limited thoughts and beliefs? You know what? It really is just that simple but to make the process work it takes persistence and repetition! You just have to follow the plan and cooperate with the process!

If you think that people or circumstances are your “problem” then think again! If you lack anything that you desire it is a result of the fact that your current belief system will not “allow” it to exist in your reality. Your current collection of thoughts, feelings, and beliefs are “not big enough” to contain the things that you lack. The Law of Rhythm observes that everything operates by rhythm and cyclic patterns or cycles. This law states that everything in existence is a dance where something must advance when anything retreats (sometimes called the law of vacuum). The tide goes in and out, night follows day, the moon waxes and then wanes, feelings are positive and negative. If you make room in your belief system for what you desire then you activate the law of rhythm and all of creation will rush in to fill the empty space with what you desire!
Remember that your outward physical existence will only change when you change internally by REPEATEDLY impressing the conscious AND subconscious minds with thoughts, images, and feelings of the new information. Enjoy your journey. Reading this will change your life!

*I just wrote a book and I'm giving it away!*

(Well, at least the first four chapters anyway!)
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